



YOU(TH)  
EMPOWERMENT

# YEP ACADEMY

WHERE NATURE INSPIRES





YOU(TH)  
EMPOWERMENT

EMPOWERING YOU(TH),  
AWAKENING THROUGH NATURE,  
ONE EXPERIENCE AT A TIME.





# YOU(TH) EMPOWERMENT

“  
LEADING WITH EMPATHY,  
COURAGE, AND CARE  
FOR PEOPLE AND THE PLANET

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YOU(TH)  
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## WHO WE ARE

YEP Academy is a premier educational institution dedicated to nurturing the next generation of leaders, innovators, and problem-solvers.

We provide young individuals with the opportunity to (re)connect with themselves, others, and the natural world. Our unique outdoor learning environment encourages personal discovery, boosts self-confidence, and fosters a deep understanding of one's purpose. We believe that lasting change for both humanity and the planet starts by bridging the divide between modern life and nature, empowering the next generation to embrace their role as part of the natural world.

Our mission is to inspire and equip young individuals to tackle the pressing environmental challenges of today through real and actionable experiences that go beyond traditional classroom settings.



## OUR PURPOSE

To empower young individuals by fostering a relationship with nature, nurturing personal growth, and inspiring lasting change

YEP Academy distinguishes itself from conventional nature-based programs by integrating a comprehensive, academic approach to youth development. Unlike tour operators that use nature solely for entertainment without deeper facilitation, YEP Academy offers structured, transformative experiences based on the magic of nature, designed to build self-confidence, communication skills, and emotional resilience. Our nature-immersive programs are intentionally crafted to provide meaningful personal and professional growth, positioning us as an institution dedicated to youth empowerment and lifelong learning.

## OUR IMPACT SINCE 2020

103

Training & Camps  
Participated

1726

People  
Conducted

100%

Recommend Us  
To Others



# CORE PROGRAMS

Our curriculum is designed to be comprehensive and engaging, tailored to meet the evolving needs of the modern world. We offer a variety of programs across different age groups and interests.

## I. OPEN TRAININGS



### Intensive Learnings

Our Intensive Programs are designed for individuals and professionals who are ready to challenge their limits and redefine their perspectives. By removing the distractions of modern life, we create a high-impact environment where deep personal and professional growth becomes possible. Led by expert facilitators with a focus on uncompromising safety, these journeys turn the natural world into a dynamic classroom for life-changing discovery.



### Courses & Nature Immersions

Our Courses & Nature Immersions are designed to be more than just a getaway—they are intentional journeys of growth. By integrating professional facilitation into every outdoor experience, we ensure that every participant feels secure, both physically and emotionally, as they explore their limits. Whether you are navigating forest trails, spotting local wildlife, or engaging in group circles, these programs empower individuals at any stage of their journey to embrace the strength within.



## Tours & Expeditions

Our Tour & Expeditions are designed to build lasting resilience and forge a deep bond with the natural world through intentional, high-intensity adventure. Step into an experience where the thrill of adventure meets the wisdom of the wilderness. Our tours and expeditions are not merely trips; they are crafted journeys designed to ignite your passion for discovery and push you beyond your comfort zone.



## Family Camps

Step into the Wild, Grow Together. Our nature and wilderness camps provide immersive outdoor adventures for kids and teens, fostering confidence, resilience, and a deep connection to the natural world. For families, our specialized camps offer unique opportunities to strengthen bonds, improve communication, and create cherished memories in the heart of nature.



## Teen & Kid Camps

Our Teen & Kid Camps are more than just an outdoor getaway; they are a classroom without walls. We provide a secure, non-judgmental environment where young people can step out of their comfort zones and into their potential. Under the guidance of qualified facilitators, participants engage in structured adventures that turn nature into a mentor for life skills and emotional intelligence. From navigating forest trails to discovering local biodiversity, we empower youth to thrive in the great outdoors, fostering the discipline and self-assurance they need to navigate the modern world.

## II. TAILOR-MADE TRAINING

### LEADERSHIP & TEAM DEVELOPMENT .....

Leadership Development & Retreats  
Team Building & Communication  
Women's Leadership & Empowerment  
Executive Coaching & Mentoring

### FACILITATION, TRAINING & GUIDING .....

Facilitator Training & Certification  
Outdoor & Nature Guiding  
Ecotherapy & Nature-Based Mentoring  
Youth & Teen Camp Training

### NATURE-BASED WELLBEING & RETREATS .....

Nature Connection Retreats  
Mindfulness & Wellbeing in Nature  
Burnout Prevention & Recovery Retreats  
Nature Wisdom & Cultural Learning

### YOUTH PROGRAMS & OUTDOOR LEARNING .....

School Programs & Outdoor Events  
Youth Leadership Programs  
Youth Expeditions & Challenges  
International Youth Exchange Programs

### SUSTAINABLE TOURISM & OUTDOOR ADVENTURES .....

Sustainable Travel & Tour Design  
Adventure Tourism & Trekking Support  
Community-Based Tourism Development  
Responsible Tourism Workshops



# LEADERSHIP DEVELOPMENT & RETREATS

## What We Offer:

- Tailored leadership retreats for teams, organizations and companies
- Leadership workshops with experiential and reflective learning elements
- Nature-based formats for perspective, alignment and renewal
- Optional coaching and follow-up support after the retreat

Who It's For	Formats & Delivery
For NGOs, companies, schools, social enterprises, networks and mission-driven teams that want to strengthen leadership, improve collaboration and create space for reflection, renewal and strategic direction.	Available as half-day sessions, full-day workshops, multi-day retreats or modular leadership journeys. Formats can be delivered on-site, outdoors, offsite or in retreat settings.

## Outcomes



Stronger self-awareness & leadership confidence



Clearer priorities, communication & team alignment



More trust, ownership & reflective leadership practice



Practical tools that transfer into everyday work

# Team Building & Communication

## What We Offer:

- Team building sessions with experiential learning activities
- Communication workshops for feedback, collaboration and team culture
- Outdoor team challenges with guided reflection and debriefing
- Tailored support for new teams, growing teams or cross-functional groups

What We Offer	Who It's For
For NGOs, companies, schools, project teams, leadership groups and organizations that want to strengthen trust, communication and teamwork.	For NGOs, companies, schools, project teams, leadership groups and organizations that want to strengthen trust, communication and teamwork.

## Outcomes



Improved Communication & Listening



Stronger trust & team cohesion



Better understanding of team roles & dynamics



More constructive ways of working together

## Women's Leadership & Empowerment

### What We Offer:

- Women's leadership workshops and retreats
- Empowerment formats focused on confidence, communication & decision-making
- Supportive spaces for reflection, peer exchange and leadership growth
- Optional coaching or mentoring elements

Who It's For	Formats & Delivery
For women leaders, emerging leaders, youth groups, professionals, educators, NGO staff, company teams and community-based organizations seeking leadership growth and empowerment.	Available as workshops, retreats, leadership circles or multi-session development programs. Formats can be delivered on-site, outdoors, offsite or in retreat settings.

### Outcomes



Increased confidence & leadership presence



Stronger communication & self-expression



Clearer direction, motivation & leadership goals



Supportive peer connection & shared learning

## Executive Coaching & Mentoring

### What We Offer:

- One-to-one coaching sessions for leaders and professionals
- Mentoring for leadership, facilitation and personal growth
- Reflective support during transitions, change or new responsibilities
- Tailored coaching packages linked to retreats or training programs

What We Offer	Who It's For
For leaders, managers, facilitators, founders, educators, NGO professionals and company staff who want focused support for growth, clarity and next steps.	Available in person, online or as part of a broader training or retreat format. Sessions can be single, short-term or part of a longer coaching journey.

### Outcomes



Greater clarity & confidence in decisions



Stronger reflection, resilience & self-leadership



Practical strategies for real-life challenges



Focused support for sustainable development & growth

## Facilitator Training & Certification

### What We Offer:

- Facilitator training in process design, group guidance and reflection
- Practical tools for leading workshops and participatory learning
- Applied practice with feedback and facilitation review
- Certificate-based training formats where relevant

#### Who It's For

For trainers, educators, youth workers, NGO staff, company trainers, team leaders and aspiring facilitators who want to strengthen their facilitation practice.

#### Formats & Delivery

Available as short training, multi-day training of trainers, modular learning journeys or intensive practice-based programs. Formats can be delivered on-site, outdoors, offsite or in retreat settings.

### Outcomes



## Outdoor & Nature Guiding

### What We Offer:

- Training in outdoor group guiding and route leadership
- Core skills for nature-based facilitation and visitor engagement
- Field practice in safety, communication and group management
- Tailored programs for guides, educators and outdoor teams

#### What We Offer

For outdoor educators, guides, youth leaders, camp staff, tourism providers, companies with outdoor programs and organizations working in outdoor learning and nature-based facilitation.

#### Who It's For

Available as field-based trainings, workshops, camps or practice-oriented modules in outdoor environments

### Outcomes



# Ecotherapy & Nature-Based Mentoring

## What We Offer:

- Ecotherapy-inspired workshops and guided learning experiences
- Mentoring approaches for personal growth in nature
- Reflective practices for nature connection and emotional wellbeing
- Tailored formats linking wellbeing, facilitation and outdoor learning

Who It's For	Formats & Delivery
For facilitators, educators, therapists, wellbeing practitioners, retreat leaders, company wellbeing programs and organizations interested in nature-based approaches to growth and resilience.	Available as workshops, retreats, field-based modules or integrated elements within larger training programs.

## Outcomes



Deeper nature connection & self-awareness



New tools for reflection & wellbeing support



Stronger confidence in using nature-based practices



Meaningful personal & professional learning

# Youth & Teen Camp Training

## What We Offer:


- Camp staff training for youth and teen programs
- Facilitation tools for games, reflection and group development
- Support in designing camp flow, activities and learning moments
- Practical guidance on safety, inclusion and participant engagement

What We Offer	Who It's For
For schools, youth organizations, educators, outdoor teams, and NGOs that prioritize participant safety and high-impact experiential learning.	Available as pre-camp training, staff preparation workshops, field-based practice sessions or modular training packages.

## Outcomes




Better prepared camp teams & facilitators



Stronger youth engagement & group guidance skills



Safer & more meaningful camp experiences



Improved structure, flow & learning design

## School Programs & Outdoor Events

### What We Offer:

- Outdoor learning days and school event design
- Experiential education activities linked to learning goals
- Tailored programs for student groups and school communities
- Facilitation support for project days, outdoor events and camps

#### Who It's For

For schools, educational institutions, youth programs and learning centers looking for engaging outdoor education and event formats.

#### Formats & Delivery

Available as one-day events, project days, multi-day camps or recurring outdoor learning formats.

### Outcomes



More active & engaging student learning



Stronger teamwork, participation & reflection



Memorable school experiences beyond routine teaching



Practical learning connected to real environments

## Youth Leadership Programs

### What We Offer:

- Youth leadership workshops, camps and learning journeys
- Activities that strengthen confidence, initiative and teamwork
- Guided reflection on values, responsibility and decision-making
- Tailored programs for schools, ngos and youth networks

#### What We Offer

For youth groups, schools, NGOs, development programs and organizations that want to invest in leadership growth among young people.

#### Who It's For

Available as workshops, camps, expeditions, school-based programs or multi-session youth development pathways.

### Outcomes



Increased confidence & self-leadership



Stronger teamwork & communication



More ownership & initiative among youth participants



Practical leadership experience through doing

## Youth Expeditions & Challenges

### What We Offer:

- Youth expeditions with educational and developmental purpose
- Outdoor challenge formats that build resilience and teamwork
- Guided reflection before, during and after the journey
- Tailored support for schools, camps and youth organizations

#### Who It's For

For schools, youth groups, NGOs and organizations looking for meaningful outdoor challenge programs that combine adventure with personal growth.

#### Formats & Delivery

Available as day challenges, multi-day expeditions, camp-based journeys or customized youth outdoor programs.

### Outcomes



## International Youth Exchange Programs

### What We Offer:

- Intercultural youth exchange design and facilitation
- Outdoor and experiential learning elements within exchange programs
- Support in shaping themes, activities and participant flow
- Formats that link global learning, leadership and connection

#### What We Offer

For schools, NGOs, international networks, youth organizations and institutions running exchange, mobility or intercultural youth programs.

#### Who It's For

Available as exchange programs, camps, study visits, leadership journeys or multi-day international learning formats.

### Outcomes



## Nature Connection Retreats

### What We Offer:

- Guided retreats focused on nature connection and reflection
- Practices that deepen presence, awareness and grounding
- Facilitation that links nature experience with personal insight
- Tailored retreat design for groups, teams or mixed audiences

### Who It's For

For individuals, teams, NGOs, companies, educators and changemakers seeking time in nature for reflection, renewal and deeper connection.

### Formats & Delivery

Available as one-day retreats, weekend formats or multi-day immersive programs in outdoor and retreat settings.

### Outcomes



Deeper connection self & nature



More calm, clarity & inner balance



Renewed energy & fresh perspective



Meaningful reflection beyond everyday routines

## Mindfulness & Wellbeing in Nature

### What We Offer:

- Guided mindfulness sessions in natural environments
- Wellbeing workshops combining reflection, movement and presence
- Simple practices for stress reduction and grounding
- Tailored formats for teams, retreats and learning groups

### Who It's For

For teams, educators, and individuals seeking practical, nature-based ways to recover from the pressures of a highly connected world.

### Formats & Delivery

For teams, educators, and individuals seeking practical, nature-based ways to recover from the pressures of a highly connected world.

### Outcomes



Increased calm & presence



Practical tools for stress management & self-care



Improved connection between body, mind & environment



Accessible practices that participants can continue later

# Burnout Prevention & Recovery Retreats

## What We Offer:

- Guided retreats focused on rest, reflection and renewal
- Nature-based wellbeing practices for recovery and resilience
- Facilitated sessions on stress awareness and healthy balance
- Tailored formats for individuals, teams and mission-driven professionals

## Who It's For

For NGOs, companies, teams, educators, social impact professionals and individuals seeking support around stress, recovery and sustainable wellbeing.

## Formats & Delivery

Available as retreat days, offsite formats, small group retreats or integrated wellbeing programs over several sessions.

## Outcomes



Better awareness of stress patterns & warning signs



Practical tools for prevention & recovery



Renewed energy, clarity & emotional balance



Healthier ways of working & living over time

# Nature Wisdom & Cultural Learning

## What We Offer:

- Guided workshops and learning journeys around nature wisdom
- Cultural learning experiences connected to place, community and ecology
- Reflective spaces for dialogue, listening and shared learning
- Tailored formats linking wellbeing, education and social awareness

## Who It's For

For schools, organizations, retreat groups, educators, NGO teams and participants interested in nature-based learning, culture and wider ways of understanding human-nature relationships.

## Formats & Delivery

Available as workshops, retreats, field visits, themed learning sessions or part of broader educational programs

## Outcomes



Broader perspectives on nature, culture & community



Deeper reflection on values & ways of living



Greater appreciation for diverse knowledge systems



Respectful learning through exchange & experience

## Sustainable Travel & Tour Design

### What We Offer:

- Support in designing sustainable travel concepts and tour flows
- Development of itineraries with educational or transformational value
- Guidance on participant experience, learning design and program rhythm
- Tailored consulting for new or existing tour formats

### Who It's For

For individuals, tour providers, social enterprises, educators, NGOs, retreat organizers, destination actors and companies developing sustainable or learning-oriented travel programs.

### Formats & Delivery

Available as concrete implementing tours, but also as consulting sessions, concept development processes, and design workshops.

### Outcomes



Stronger & more coherent travel concepts



Better participant experience & flow



More meaningful between travel, learning and place



Clearer program aligned with values & purpose

## Adventure Tourism & Trekking Support

### What We Offer:

- Support in planning and refining trekking or adventure programs
- Guidance on participant experience, route flow and group management
- Input on facilitation, reflection and outdoor leadership
- Tailored support for specialized adventure and expedition formats

### Who It's For

For trekking providers, guides, outdoor educators, tour operators, adventure companies and organizations working with outdoor travel and learning.

### Formats & Delivery

Available as consulting, field support, guide preparation, staff training or integrated support for program design and delivery.

### Outcomes



Stronger trekking & adventure program quality



Better participant care & group flow



Improved facilitation in outdoor travel settings



More meaningful & well-structured adventure experiences

# Community-Based Tourism Development

## What We Offer:

- Support for community-based tourism concepts and program design
- Workshops on visitor experience, local value and participatory development
- Facilitation for community dialogue, idea development and planning
- Tailored guidance for organizations and destinations building local tourism models

## Who It's For

For communities, NGOs, local tourism actors, social enterprises, destination stakeholders and development partners working on community-based and sustainable tourism.

## Formats & Delivery

Available as workshops, consulting processes, stakeholder sessions, field visits or longer-term development support.

## Outcomes



Stronger tourism concepts linked to local strengths



More participatory and inclusive planning



Better balance visitor experience & community benefit



Clearer direction for sustainable local tourism development

# Responsible Tourism Workshops

## What We Offer:

- Workshops on responsible and sustainable tourism practice
- Facilitated reflection on values, impact and visitor experience
- Practical input for teams, guides and tourism stakeholders
- Tailored sessions linked to real destinations, products or challenges

## Who It's For

For tourism businesses, guides, educators, NGOs, local stakeholders, destination actors and companies that want to strengthen the quality and responsibility of their tourism work.

## Formats & Delivery

Available as short workshops, training sessions, team learning days or as part of larger tourism development programs.

## Outcomes



Clearer understanding of responsible tourism in practice



Better alignment between tourism products and values



Improved team awareness & decision-making



Concrete ideas for more sustainable action

## WHY CHOOSE YEP ACADEMY?



### Experienced and Passionate Facilitators:

Our team of educators are not just teachers; they are mentors committed to each student's growth. They bring a wealth of knowledge and real-world experience to the classroom.



### Focus on Character Development:

Beyond academics, we emphasize core values such as integrity, respect, and perseverance. Our extracurricular activities and community projects build well-rounded individuals.



### Personalized Learning Paths:

We understand that every student is unique. We provide individualized support and flexible learning paths to cater to different learning styles and personal goals, ensuring each student can thrive at their own pace.



### Strong Community and Alumni Network:

YEP Academy fosters a tight-knit community where students, parents, and alumni actively support one another. This strong network provides mentorship, career opportunities, and lifelong connections that extend far beyond graduation.

# MEET OUR FACILITATORS

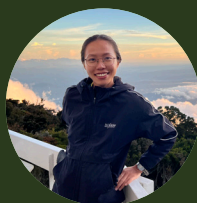
Our facilitators are the heart of YEP Academy, bringing a diverse range of expertise and a shared commitment to student success. They are passionate about their subjects and dedicated to creating a supportive and inspiring learning environment.

## Co-Founders & Facilitators



### Dirk Reber

Co-founder of YEP Academy, facilitator, coach, and mentor specializing in outdoor leadership and youth development. Dirk integrates nature-based learning with leadership and development cooperation, leading the one-year Youth Leadership and Facilitation Program.



### Souheang Ly

Souheang Ly is a visionary educator and key leader at YEP Academy, blending pedagogy, yoga, and environmental passion to pioneer experiential learning. She transforms nature into a dynamic classroom, guiding individuals to build physical potential, mindfulness, and a deeper connection with the natural world.

## Facilitators



### Huy Ing Lay

Huy Ing Lay (Hill) is a facilitator in nature connection and ecotherapy. Through immersive, sensory practices, she helps people reconnect with nature, fostering awareness, healing, and meaningful relationships with the natural world.



### Annie Kukreja

Environmental advocate working on PM2.5 air pollution and climate action in Thailand. Annie develops sustainability and conservation initiatives, contributing to environmental stewardship and climate resilience.



### Veasna Lor

Coordination and Administration Officer with over a decade of experience. Veasna supports organizational operations while contributing to youth empowerment through nature-based education.



### Anu Rai

Expert trekker and outdoor educator specializing in sustainable trekking, youth development, leadership training, and team building across diverse terrains.



### Dominik Kron

Outdoor guide and facilitator experienced in European and Southeast Asian landscapes. Dominik focuses on creating safe, empowering nature-based learning experiences for young adults.



### Josiah Teece

Outdoor educator and facilitator working with international schools in Cambodia. Josiah bridges youth development and experiential learning through outdoor education.



### Khaisinh Mounh

As Co-founder of WeFarm, he is a passionate leader with an IT engineering background, using education and community engagement to drive meaningful change and positive impact.



### Kunthea Thith

Outdoor facilitator and graduate of the Youth Leadership and Facilitation Program, specializing in nature camps and youth empowerment through environmental engagement.



### Leakhena Pouk

Facilitator promoting active lifestyles, mindfulness, and holistic well-being through outdoor and nature-based practices.



### Leam Sou

National park ranger with over 13 years of experience in Virachey National Park, dedicated to conservation and environmental protection.



### Lida Chhun

Sustainability coordinator and climate advocate facilitating Climate Change Trainings at YEP Academy, focused on youth engagement and environmental responsibility.



### Malay Chey

Outdoor trainer and ecotourism advocate with advanced outdoor skills, promoting sustainable travel and experiential learning across Cambodia.



### Malin Nov

Nature-based facilitator advocating environmental awareness and biodiversity conservation through experiential outdoor learning.



### Nimey Rin

Nimey Rin, a Country Director with eight years of experience, is dedicated to youth empowerment and education. She brings practical insights and a passion for outdoor adventure, believing every challenge is an opportunity for growth.



### Nita Hay

Outdoor facilitator with a background in education and social work, promoting empowerment, self-care, and compassionate leadership through nature.



### Phyl Phorn

Educator with a background in environmental awareness and youth development, integrating hands-on outdoor learning into educational practice.



### Prachan Bhujel

Environmental professional and sustainability program coordinator specializing in climate adaptation, disaster risk reduction, and youth leadership.



### Ranny Rith

Ranny Rith is a facilitator in Non-Violent Communication and outdoor skills. She empowers women through active listening, compassion, and resilience, creating safe spaces for self-awareness and growth.



### Rathana Hul

Outdoor facilitator and rock climber promoting biodiversity awareness, low-impact living, and sustainability through experiential learning.



### Rathanak Pheng

Ecotourism advocate and outdoor enthusiast promoting environmental protection and sustainable community development.



### Salav Oul

Outdoor leadership graduate and facilitator focused on self-discovery, healing, and empowerment through nature-based camps.



### Sam Ang Yi

Adventure facilitator with a background in tourism, integrating outdoor activities and sustainable tourism into experiential learning programs.



### Socheata Chun

Trainer and climate educator with experience in global citizenship education, facilitating environmental awareness and climate change programs.



### Sopanuth Chea

Outdoor trainer and tour leader specializing in comprehensive outdoor skills, kayaking, and mountain biking programs.



### Sowichea Saing

Sowichea Saing is a wildlife activist and former ranger dedicated to protecting Cambodia's biodiversity. He now leads adventure camps at YEP-Academy, inspiring youth through environmental stewardship and leadership.



### Trexz Souvannasy

Founder of Message for the Future Pakse Volunteers, facilitator promoting nature reconnection and experiential outdoor learning in Laos.



### Vati Pham

Outdoor educator specializing in well-being, survival skills, and nature-based experiential learning, facilitating programs in Vietnam and Cambodia.

# HIGHLIGHT

## TAILOR-MADE PROGRAMS

### 01 WOMEN LEADERSHIP WORKSHOP IN THE OUTDOOR FOR KHMER COMMUNITY DEVELOPMENT



#### Overall Objective:

To create a transformative interactive personal and team leadership for women in the outdoor settings in order to increase effectiveness and efficiency in the scope of work & life balance



#### Specific Objectives:

**Enhanced Personal Development:** Participants discover their strengths and improve communication skills

# 1

**Strengthened Team Leadership & Collaboration:** Participants acquire practical tools to understand individual leadership preferences, team building exercises to enhance trust, communication, and collaboration among participants, and empowering others and creating a supportive team environment

# 2

**Action Planning:** Participants identify concrete steps to apply their learnings in their personal and professional lives, and open circle guidance and support on action plans

# 3

## 02

MINDFULNESS WORKSHOP FOR  
KURVE WUSTROW E.V.

## Overall Objective:

Facilitation of a workshop about integrating mindfulness activities in nature into peace education work with youth and young adults as part of a study trip to Cambodia for partners of the Myanmar program

Specific  
Objectives:

Facilitation of exemplary mindfulness activities in a natural setting in Phnom Penh with participants from the study trip

1

Leading an exchange and discussion on how to apply these methods in educational settings

2

Identify a suitable setting where to conduct the activities in Phnom Penh

3

## 03

## TRAINING OF TRAINERS FOR XAVIER JESUIT SCHOOL: ECO / ENVIRONMENTAL CAMPS FOR PRIMARY SCHOOL STUDENTS



### Overall Objective:

25 participants aged 16 – 18 from grade 10 – 11, from Xavier Jesuit School are able to implement eco-camp activities in outdoor settings for primary school children



### Specific Objectives:

The participants can experience a deep connection with nature through adventure.

1

This deep connection can fuel their spirit to share environmental awareness.

2

The participants can learn about outdoor skills, living relying on nature.

3

The participants have basic knowledge in environmental awareness, sustainability, and its importance. And probably, an overview of the environmental crises in Cambodia, to know that their role as youths are important for their country.

4

The participants can get an idea of how to animate an eco-friendly school.

5

6

# PARTICIPANT SUCCESS STORIES



Participating in YEP's program and camps has significantly changed my perspective on overcoming challenges, stepping out of my comfort zone, and enhancing my outdoor skills. A pivotal moment for me was the KAYAK camp in August 2023, where I faced a risky situation that taught me the importance of decision-making and trusting others, particularly through the guidance of the facilitator. Additionally, I developed a keen interest in climate change, especially regarding its effects on livelihoods and ecosystems around Tonle Sap Lake, and I became aware of the struggles people face and the urgent need for effective action.

— *Methzimir Kado*

Having participated in YEP activities, I believe it has been an invaluable experience for both my personal growth and career advancement. One significant aspect was an online training in 2021 that taught me about leadership and communication, emphasizing that these skills are accessible to everyone, not just those in high positions. Another transformative experience was the "Reflection in Nature" camp, where I realized that life is not just about fulfilling basic needs and chasing after jobs and money. The camp allowed me to reflect on what truly brings happiness and peace, highlighting the importance of connecting with nature beyond its visual appeal, as it offers us much more than we often recognize.

— *Lymeng Hey*



YEP gives me the opportunity to learn what I really want to do, so that I can unlock my potential. I can improve my knowledge, skills that is related to outdoor skill sych as prepare my own tent, how to prepare things for camping/trekking, advice during/before/after trekking, firstaid... Moreover, YEP also includes many topics like environment, climate change, sustainable lifestyle and all these topics are so important for our life. We must know and take care of it so we can enjoy it and it stays with us for a long time. Besides those things above, YEP also gives me a safe space, meet people with potential, talent and knowledge so I can learn from them and share experience.

— *Sreylin Noyvimol*

# PARTICIPANT SUCCESS STORIES

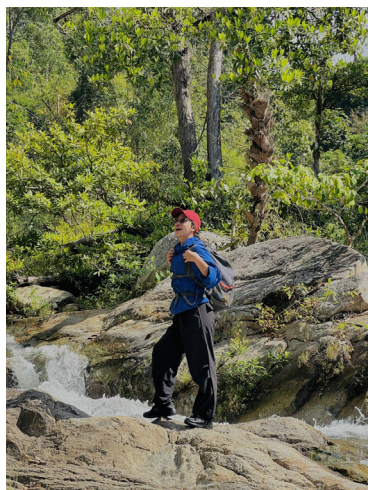


After having joined the camp with YEP, I can say that there are many things that I can improve. Firstly, breaking my comfort zone. Secondly, allowing me to understand the crucial of the environment. Thirdly, improving self-confidence. For breaking my comfort zone, YEP creates the confidence for me that allows me to overcome my challenge because when I stay with the YEP team, I feel trust, feel cozy. By the method of coaching, that's why when I go outdoors with them I can be who I am. For understanding about the crucial of the environment, I can feel connected. I feel gratitude with nature because everytime that I am down, I think nature along stay with me. Last but not least, improving on my self-confidence, YEP builds a new me. Attending camp with YEP, i feel that YEP changed my perspective alot, like to listen to the perspective on nature, living lifestyle, and about the community, leadership, etc... All in all, I am so thankful that be a part of YEP. You know, I often join camps that are organized by YEP. I learn alot and build the new me in the society. Thank you

— Rin Chanraksmei

YEP was the very first camp that I joined to break my comfort zone and when I was at my lowest. At the first thought it was just a trip that I joined in order to escape from the reality. But YEPP has turned and made it even better. As they provided a very unique training to connect and to observe the nature through the game and the activities that we play with the team to appreciate the nature and build the connection among the team. And the team that I joined with YEP is now still connecting and also an open door through this network as well. Besides that YEP has bring me to learn to reflect about myself and appreciate more for what we have done, what we have and what we have achieve eventhough those achievement is small. By joining with YEP, it has brought me with new ideas that I can use to facilitate with my working group and the target community that I am currently working with.

— Rern Nika



# THANK YOU!

TO LEARN MORE ABOUT YEP ACADEMY AND OUR PROGRAMS,  
PLEASE GET IN TOUCH WITH OUR ADMISSIONS TEAM.

GENERAL INQUIRIES:

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